



Participating Health Care Plans:

Aetna

<https://www.aetna.com>

Blue Cross Blue Shield (Excellus)

<https://www.excellusbcbs.com/>

North Country **Cancer Services Program**

<https://www.lewiscounty.org/north-country-cancer-services-program>

CDPHP

<https://www.cdphp.com/>

Champva

<https://www.va.gov/communitycare/programs/dependents/champva/index.asp>

Cigna

<https://www.cigna.com>

Empire

<https://www.unitedhealthcare.com>

Fidelis

<https://members.fideliscare.org/en-us/fidelislogin>

GHI Emblem Health

<https://www.emblemhealth.com/contact>

Humana

<https://www.humana.com/>

Lifetime Benefit Solutions (Formally RMSCO)

<https://www.lifetimebenefitsolutions.com/members/login/>



Mailhandlers/Rural Carriers

<https://mhbp.com/>

Martins Point

<https://martinspoint.org>

Medicare

<https://www.medicare.gov/>

MVP

<https://www.mvphealthcare.com/>

NYS Office of Victim Services

<https://ovs.ny.gov/>

NYS Medicaid

https://www.health.ny.gov/health_care/medicaid/

NYS No Fault Insurance Information

https://dfs.ny.gov/consumers/auto_insurance/nofault_faqs

NYS Workers Compensation Health Insurance Information

<http://www.wcb.ny.gov/>

Tricare

<https://www.humanamilitary.com/about-us/contact-us>

UMR

<https://www.umar.com/oss/cms/welcometoumr/memberwebsite.html>

United HealthCare

<https://www.uhc.com>

Veterans Health

<https://www.va.gov/health/>

Wellcare of NY

<https://newyork.wellcare.com/>