

hospital bag checklist

WHAT TO PACK FOR MOM

- Robes
- Nursing Bras
- Nursing Tanks
- Pump/Bottles
- Pumping Bra
- Breastfeeding Pads
- Nipple Cream
- Phone Charger
- Makeup Bag
- Towel
- Socks
- Going Home Shoes
- Slippers/Flip Flops
- Snacks
- Wallet/Insurance Card
- Blow Dryer/Curling Iron/Hairbrush
- Going Home Outfit
- Chapstick/Lotion
- Car Seat

WHAT TO PACK FOR DAD

- Camera
- Snacks
- Towel
- Comfy Clothes
- Slippers
- Blanket/Pillow
- Chargers
- Socks/Underwear

WHAT TO PACK FOR BABY

- Going Home Outfit
- Onesies
- Swaddles
- Hats
- Mittens/Socks

TOILETRIES FOR EVERYONE

- Toothbrushes/Floss
- Toothpaste
- Glasses/Contacts
- Soap
- Shampoo/Conditioner
- Deoderant
- Face Wash/Moisturizer

OTHER ITEMS

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